

### **New Horizons**

New Horizons is our Drop-In Centre that offers the following means of support;

- A safe warm place to go
- Understanding & Friendship
- A non-judgmental atmosphere
- Trained staff & Volunteers

If someone is accessing our services that needs help maintaining their personal hygiene, we will offer them these facilities.

*Everyone should have the right to a hot bath and some sort of washing facilities for their own dignity.*

If someone hasn't eaten we will provide them with food from the donations New Horizons receive.

If a homeless person is struggling to maintain their food intake, be it through lack of money or any other issue, we know that particular day they have had a sandwich and a hot drink.



### **The Rising Sun Trust**

**17 Fisher Street**

**Workington**

**Cumbria**

**CA14 2EP**

**Office:** 01900 870034

**Helpline:** 0800 0838 449

**Email:** [response@risingsuntrust.org](mailto:response@risingsuntrust.org)

### **The Rising Sun Trust**



### ***Drug & Alcohol Charity***

Registered Charity No: 1077321



# The Rising Sun Trust

---

## About Us

The Rising Sun Trust was established in 1999 by Dave Smith following the death of his son Ryan.

The initial aim of the Trust was to help in the care and counselling of young people with drug and alcohol problems and to assist their families in coping with the problems which come hand in hand with using alcohol and drugs.

Our aim has now changed to supporting anyone of any age with drug and alcohol related issues.

The Rising Sun Trust has come along way from the small surroundings of a spare bedroom belonging to a family trying to deal with the grief and devastation of losing a much loved son.

Dave Smith and his family have worked with the grief of Ryan's untimely death to create a place that gives support to carers, family and friends of drug and alcohol misuse's in a friendly and non-judge mental atmosphere, that helps people dealing with this chaotic life style to move on to more a more positive way of life.

The picture that represents the Trust was drawn by Ryan the day before his death. We now use this in Ryan's memory in the hope that everyone who engages with the Trust it will have the opportunity for a new start in life.

## Achievements

The achievements of The Rising Sun Trust can be measured by the awards and acknowledgements that have been received.

Realistically our achievements should be measures by the people that when entering our services were lost, lonely and leading self destructive lives.

These people have moved on to finding employment, self-worth, confidence and closure in parts of their lives they never though they would escape from.

*This is how true achievements are measured within The Trust.*

## The need for support

The need for support is great. If an individual has drug/alcohol issues this can affect a whole spectrum of people. From the individual themselves to mothers, fathers, grandparents, siblings, sons, daughters, aunties and uncles, friends. The list is endless and we feel for every individual that engages with the Trust, at least 10 other people from their lives will be affected by their drug and alcohol issues.

## Signpost- Drug and Alcohol Helpline

Signpost is our 24 hours helpline that is available 365 days a year.

This link gives people the support and reassurance that cannot be found when the office is out of hours.

Signpost can give the caller a chance to talk when they feel at their worst and may have no other people to contact,

People struggling with their addictions can call for a chat if they are having it difficulty sleeping.

Parents in particular find this service very useful as the early hours can be a frightening place if you are worried about your child's alcohol/drug dependency and everyday tasks like work or caring for your child can keep parents from accessing these services through the day.

Signpost not only speaks to callers but can give them access to useful information and post information packs, giving the caller an educated view of the drug and alcohol issues that they are dealing with.

*This gives people the power of understanding and then they can move forward with the best tools when addressing their issues.*

---

## Signpost Free 24 Hour Drug and Alcohol Helpline



**0800 0838 449**

*One call is all it could take to set your life back on the right path.*