

*What is the true meaning  
of family support?*

Friendship  
And  
Meaning  
Information Gathering  
Listening to  
Your troubles

Sharing stories  
Understanding  
Positive Outcomes  
Practical Advice  
Optimism  
Reconnection  
Trust



The Rising Sun Trust

Charity Number 1077321



*Call In and See Us At:*

17 Fisher Street  
Workington  
Cumbria  
CA14 2EP

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*Contact Us On:*

**Office:**

01900 870034

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response@risingsuntrust.org

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The  
Rising Sun Trust



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*Family Support*

*Drug and Alcohol Charity*

Charity Number 1077321

# The Rising Sun Trust



The Rising Sun Trust was established by Dave Smith in 1999 following the death of his son Ryan.

The initial aim of the trust was to help

in the care and counseling of young drug users and to assist their families in coping with their children.

The Logo's used by the trust was drawn by Ryan shortly before his death but this sign doesn't bring back sad memories but ones of hope for the future and new horizons.

Dave Smith and his family have worked with the grief and loss of their sons' untimely death to create a place that gives 24 hour support to substance abusers, their family and friends in a friendly, safe and non-judgmental atmosphere.

## Family Support

Family support is a safe, friendly place where family and friends of substance users can meet up and have a chat, share problems they are having or experiences they have been through.

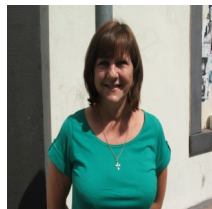
Everything said is treated with compassion, understanding and with the up most of confidentiality.

*Here no one is judged or looked down on.*

Family Support is a place where anyone is welcome and advice can be given on matters that you may feel you can't talk to anyone else about because they won't understand. Everyone who comes to family Support has been through or will be going through the same as you.

When you come to family support our staff members, some with over 10 years experience in working within family support will help you:

- Understand your child/family members addiction.
- Help you cope with any problems you may be having
- Help you gain strength
- Learn how to communicate better with your child
- Meet Parents with similar problems



*Val Fearon*

*Family Support Facilitator*

## What To Do Next

You can come to family support as often or as little as you like.

Family Support is held on Wednesday nights at 6:30

If you are interested in coming along you can

- Ring us
- Email us
- Just walk in

You also may find that you can be referred by your G.P. or through another agency.



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